



Kelso Conservation Area

On Sat, Oct. 3, Kelso Conservation Area will host young riders, ages 6 to 16, for a youth mountain biking event. The ride is part of a nationwide celebration known as Take a Kid Mountain Biking Day, supported by the International Mountain Bicycling Association (IMBA).

Kelso Conservation Area welcomes all local riders who want to have a fun day on their bikes. Here's everything you need to know:

- Be sure to bring a bike, a helmet and some warm clothes.
- Event location is The Summit entrance to Kelso Conservation Area – off of Steeles avenue – just outside Milton.
- Event runs from 9:30 – 5:30pm – drop in anytime. Guided rides and mountain bike skills sessions happening all day.
- Parents are welcome to ride too!
- Park entrance fee of \$7/person is required.

Certified Ontario Mountain Bike Instructors will be leading group rides through the trails at various times throughout the day catering to all ages and abilities. We've got a supervised Skills Park, which will have a plethora of features and stunts to ride over and off of. Instructors will also be on hand to offer tips and guidance in the Skills Park. As well, attending local bike stores will be offering bike safety checks, bike demos, and general bicycle advice, and there will be bike games like the bike limbo and log pull; a BBQ running from 11am – 2.30pm and a DJ spinning some tunes to keep you grooving to the beat of your bike!



For More Info - Please contact:

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